

Tonya D. Jallow, Partner

Practice Areas:

- Workers' Compensation

Education:

J.D., University of North
Carolina at Chapel Hill,
2001

B.A., University of North
Carolina at Chapel Hill,
1996

Bar and Court

Admissions:

North Carolina State Bar

U.S. District Courts, Eastern
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Tonya is a partner in the firm's Raleigh office. Her practice focuses exclusively in the area of workers' compensation defense. While in law school, Tonya was a member of the Holderness Moot Court, for which she served as the Treasurer of the Bench and was a member of the Negotiation Team. Tonya is also a member of The Order of the Barristers, a national honorary organization which provides national recognition for individuals who excelled in advocacy and service in law school.

Tonya has extensive experience in every aspect of workers' compensation litigation, having practiced for years before the North Carolina Industrial Commission and handled appeals to the North Carolina Court of Appeals and Supreme Court. She has handled hundreds of motions, mediations, hearings, depositions, and Full Commission appeals. Her practice involves all areas of workers' compensation defense, including but not limited to injury by accident and specific traumatic incident claims and occupational disease cases. She has given numerous continuing education presentations to clients on various topics of interest in the area of workers' compensation.

Tonya is an active member of the North Carolina State Bar, North Carolina Bar Association, North Carolina Association of Defense Attorneys, Wake County Bar Association, and the Defense Research Institute.

Tonya is a native of Plymouth, North Carolina, where she was born and raised in a large family of eight children. She is married and lives in Cary with her husband, loves movies, and teaches Sunday school at her church.

Tonya was named one of Raleigh's Business Leader Media's Movers & Shakers in 2009.

PROFESSIONAL AND CIVIC INVOLVEMENT:

- North Carolina State Bar
- North Carolina Bar Association
- North Carolina Association of Defense Attorneys
- Wake County Bar Association
- Defense Research Institute